

# FOCUS on Kids



## Helping Parents Help Their Kids Adjust to Divorce

**Parents are forever.** Although parents can divorce each other, their *children are not divorceable*. Each parent is responsible for nurturing and creating their children's sense of security and well-being – even through the divorce process. *Focus on Kids* was designed to help you with that task.

The goal of *Focus on Kids* is for parents to better understand how divorce affects children and how their actions during and after the divorce can have long-term effects on the children involved.

### What will I gain?

After attending *Focus On Kids*, which is only two and one-half hours long, you will:

- ◆ Understand the importance of ongoing, supportive and nurturing involvement by both parents.
- ◆ Receive information on both children's and adolescents' developmental needs, abilities and common reactions to divorce.
- ◆ Learn specific behaviors that help in a co-parenting situation and those that should be avoided.
- ◆ Receive information on community resources.

### How do I register?

**Pre-registration is required** for each parent. A \$35 per-person fee, payable by **cash** or **money order** to University Extension, can be paid in advance, or immediately prior to the start of class.

**To register and for more information:** Call the Livingston County Extension Office at 660.646.0811.

**To reschedule:** Call the Livingston County Extension Office by noon the day you are registered to attend.

### What else do I need to know?

- ◆ You and the other parent need to attend on separate dates.
- ◆ Childcare is not provided so children are not allowed to attend.
- ◆ Sign-in and sign-out is required. Plan to arrive 10 minutes early and to stay for the entire two and one-half hour session.
- ◆ Attendance is confirmed after you have completed a session. The facilitator will send verification to the Circuit Clerk.

For more information contact the Program Facilitator or go to <http://missourifamilies.org/fok/nwregion.htm>

### 2012 Program Dates, Times & Locations:

Classes will be held at the University Extension Office at 2881 Grand Dr, Ste 2, Chillicothe

(Directly across from the Grand 6 Theater)

Class times will be at 10:00am - 12:30pm on

January 18      March 21      May 16

Class times will be 5:30pm - 8:00pm on

February 15      April 18      June 20

*If you need special accommodations because of a disability, or materials in an alternative format, please contact the Program Facilitator at least 72 hours prior to class.*

**Program Facilitator: Jessica Trussell, Human Development Specialist**  
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